



RACHEL VANDERWEL #21
Class of 2010 Midfielder



18446 NE 196th Pl.
Woodinville, WA 98077
(425) 844-8204

Height: 5'3"
Date of Birth: 8/1/92



Parents: Paul and Chris VanderWel
Parent E-mail: pvanderwel@aol.com
Player E-mail: rgymnast21@comcast.net

<http://fcalliance.net/Girls/Gold92g>

Student Profile:

WOODINVILLE HIGH SCHOOL (WHS)

GPA: 3.75

HONORS AND AP:

- AP Statistics, Senior
- Integ ALG/GEO H1
- Integ ALG/GEO H2
- Integ ALG/TRIG H3

ACHIEVEMENTS:

- Elected Senior Class Treasurer
- Prom Committee, Senior
- Link Crew, Junior
- ASB Leadership Class, Junior, Senior
- Parliamentary Procedure, Junior, Senior
- Elected Junior Class Treasurer
- DECA, Sophomore, Junior
- Third Place, Region 1; Top 20 in State, Junior
- Spanish Club, Sophomore, Junior, Senior
- Excellence in Math, Sophomore
- Outstanding Academic Excellence, Sophomore
- Natural Helper Program, Freshman
- Honor Level All Star, 7th, 8th and 9th grade
- 8th Grade Representative
- Honor Society, 8th grade

COMMUNITY SERVICE:

- Volunteer Gymnastics Coach, 2005-2009
- WHS Blood Drive (Head Chair), 2008-2009
- Partners in Prevention, 2008-2009
- Skate Park and Trail Clean-Up, 2005-2007

Athletic Profile:

CLUB SOCCER:

- U17 FC Alliance G92 Gold, WSPL Div. 1
- U16 FC Alliance G92 Gold, WSPL Div. 1, Captain
- U15 FC Alliance G92 Gold, WSPL Div. 2, Champions
- U14 FC Alliance G92 Gold, WSPL Div. 1
- U13 FC Alliance G92 Gold, WSPL
- U13 FC Alliance G91 White, Captain
- U12 FC Alliance G91 White, Captain
- U11 FC Alliance G91 White

SCHOOL SOCCER:

Woodinville High School, 4A

- Second Team, All Kingco
- 4A State Tournament, 2nd Place, Junior
- KingCo Co-Champion, Junior
- 4A State Tournament, 3rd Place, Sophomore
- Varsity, Junior, Sophomore

Timbercrest Junior High School

- Freshman, 8th and 7th grades

ADDITIONAL SPORTS/ACTIVITIES:

- Varsity, WHS Gymnastics: Junior, Sophomore, Freshman
- 1st in State, Kingco and District
- Captain, WHS Gymnastics, Sophomore, Junior, Senior
- Most Inspirational, WHS Gymnastics, Junior
- Voted Hardest Worker, WHS Gymnastics, Sophomore
- Acro Gymnastics, Level 8, 2008-2009
- 2nd Place, Regions 1 & 2, National Qualifier
- 13 years non-competitive gymnastics, exhibition

Reference: Michael Duncan, Coach, FC Alliance G92 Gold
(206) 718-4633 cd4nysa@comcast.net